

Proclamation

WHEREAS, Mental health is a fundamental pillar of the well-being and prosperity of every individual, family, and community, and its neglect leads to devastating consequences for public health, safety, and economic stability; and

WHEREAS, Mental illness profoundly impacts people of all ages, backgrounds, and communities, with youth facing increased rates of anxiety and depression, adults struggling with overwhelming stress and limited resources, and immigrant populations confronting systemic barriers to culturally responsive care, all of which demand urgent action; and

WHEREAS, Untreated mental health conditions result in lost potential, fractured families, increased homelessness, higher incarceration rates, and preventable tragedies that tear at the fabric of the community, making timely access to comprehensive and compassionate mental health care an absolute necessity; and


WHEREAS, Ramsey County is steadfast in its commitment to fostering mental wellness by ensuring equitable access to high-quality mental health services that proactively engage individuals, build lasting relationships, and create pathways to recovery, transforming lives and strengthening a collective future; and

WHEREAS, Ramsey County recognizes that workplace mental health is not just an option but a necessity, and is dedicated to prioritizing the well-being of employees by providing the resources, education, and support they need to thrive, thereby enhancing both workforce productivity and community impact; and

WHEREAS, Reducing stigma and increasing awareness is not simply an act of advocacy, but a moral imperative that will determine whether those struggling in silence receive the life-saving care they need and deserve; Now, Therefore, Be It

PROCLAIMED, The Ramsey County Board of Commissioners hereby declares May 2025 as Mental Health Awareness Month in Ramsey County, urging all residents, community organizations, and decision-makers to take immediate and meaningful action to expand awareness, foster understanding, and commit to systemic change that ensures mental health support is available to all who need it; and Be It Further

PROCLAIMED, That accountability is upheld to this commitment, with a pledge to advance policies, invest in necessary resources, and create a future where mental health is treated with the same urgency and importance as physical health, leaving no member of the community behind.



Rafael Ortega, Board Chair, District 5



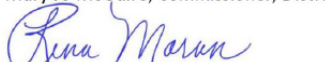
Tara Jebens-Singh, Commissioner, District 1



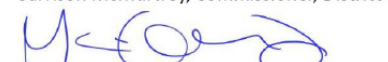
Mary Jo McGuire, Commissioner, District 2



Garrison McMurtrey, Commissioner, District 3



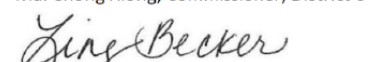
Rena Moran, Commissioner, District 4



Mai Chong Xiong, Commissioner, District 6



Kelly Miller, Commissioner, District 7



Ling Becker, County Manager