

Hello!



Regions Hospital

Ramsey County Board workshop

Jan. 14, 2025



Welcome and introductions

Pahoua Hoffman



Today's participants



Emily Blomberg
President



Dr. Bret Haake
Vice president of
medical affairs and
chief medical officer



Rochelle Johnson
Vice president of
patient care services
and chief nursing
officer



John Clark
Vice president of
finance



Pahoua Hoffman
HealthPartners
senior vice president
of government and
community relations

Goals

- Learn about the hospital and its relationships with the county
- Challenges and opportunities
- Partnership highlights and areas for improvement
- Discuss and explore collaborative solutions

Agenda

- Regions Hospital overview
- Community engagement and partnerships
- Regions-Ramsey County lease arrangement
- State-of-the-art patient care
- Challenges facing hospitals

Discussion | Q&A at the end

Hospital overview

Emily Blomberg



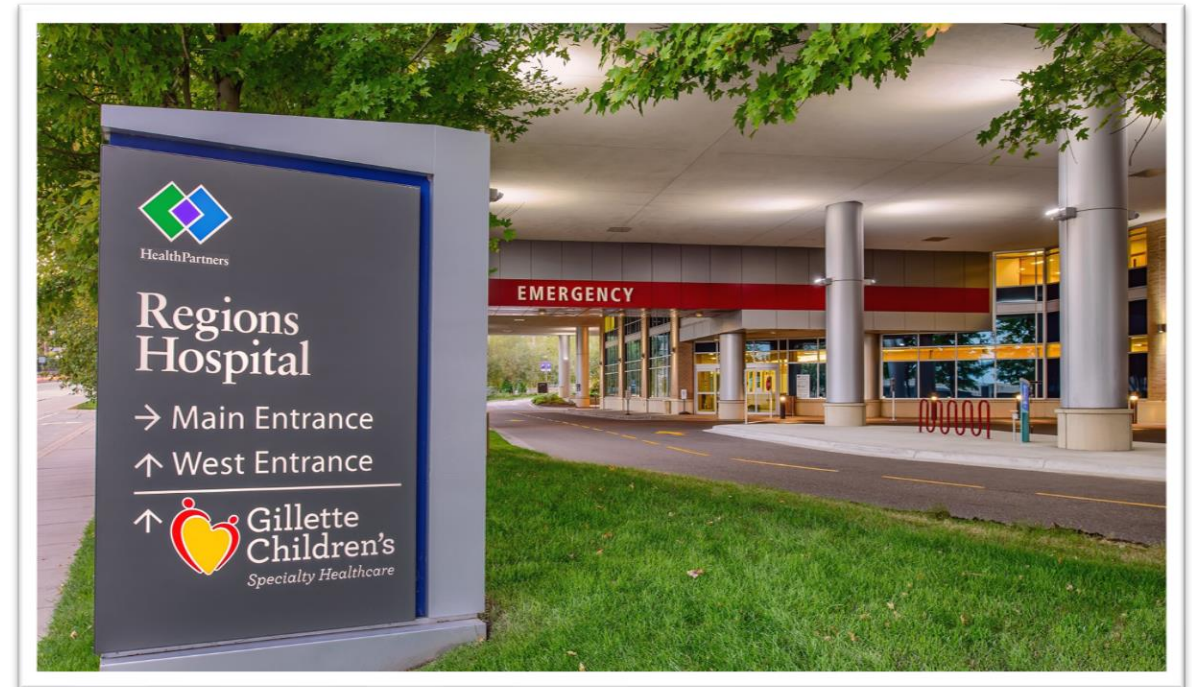
This is Regions

- **Mission:** To improve health and well-being in partnership with our patients and community
- **Vision:** Health as it could be, affordability as it must be, through relationship built on trust
- **Values:** Excellence, Compassion, Partnership, Integrity

Providing hope and healing through exceptional hospital care

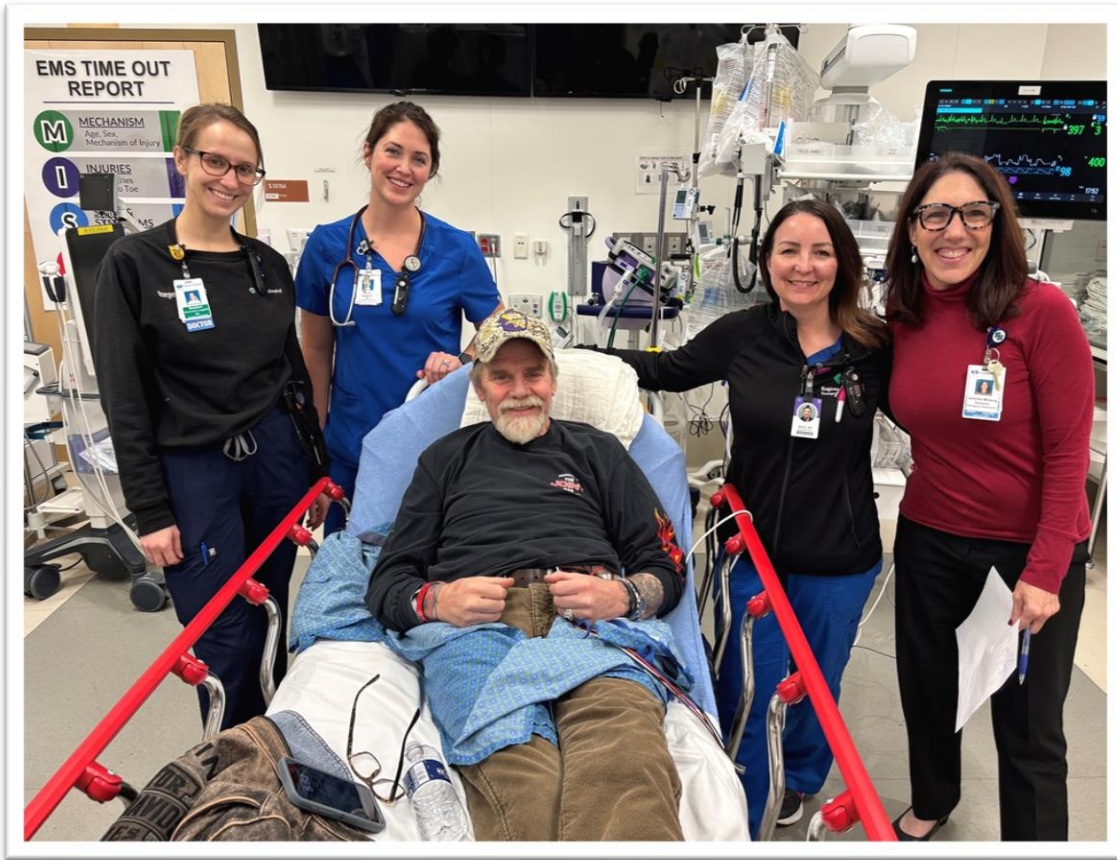
Regions by the numbers*

- **546** available beds
- **29,035** admissions
- **168,675** patient days
- **96,603** ED visits
- **2,832** births



**2023 numbers; 100,986 ED visits and 2,998 births in 2024*

This is Regions



- Emergency department team treated more than 100,000 patients in single year for the first time in 2024.
- Reaching that milestone is possible because of their 24/7 dedication to caring for patients and community as the only Level I trauma center for adults and children in the east metro.
- Dan Sokolowski, a retired Ramsey County sheriff's deputy, SWAT negotiator and two-time cancer and heart attack survivor, was patient No. 100,000 in late December.
- He was in town visiting family, including his newest grandchild.
- Thank you to the team for their care and congratulations on reaching 100,000.

Dan worked 16 years in the ED as an off-duty Ramsey County sheriff's deputy.

Achievements and awards



HealthPartners: Integrated care and coverage

Health plan

1.8 million medical and dental plan members

Care system

More than **1.3 million** medical and dental patients

Research & education

HealthPartners Institute conducts **hundreds** of research studies **each year** and shares its findings worldwide. It also provides education, training and support for medical students and clinicians.



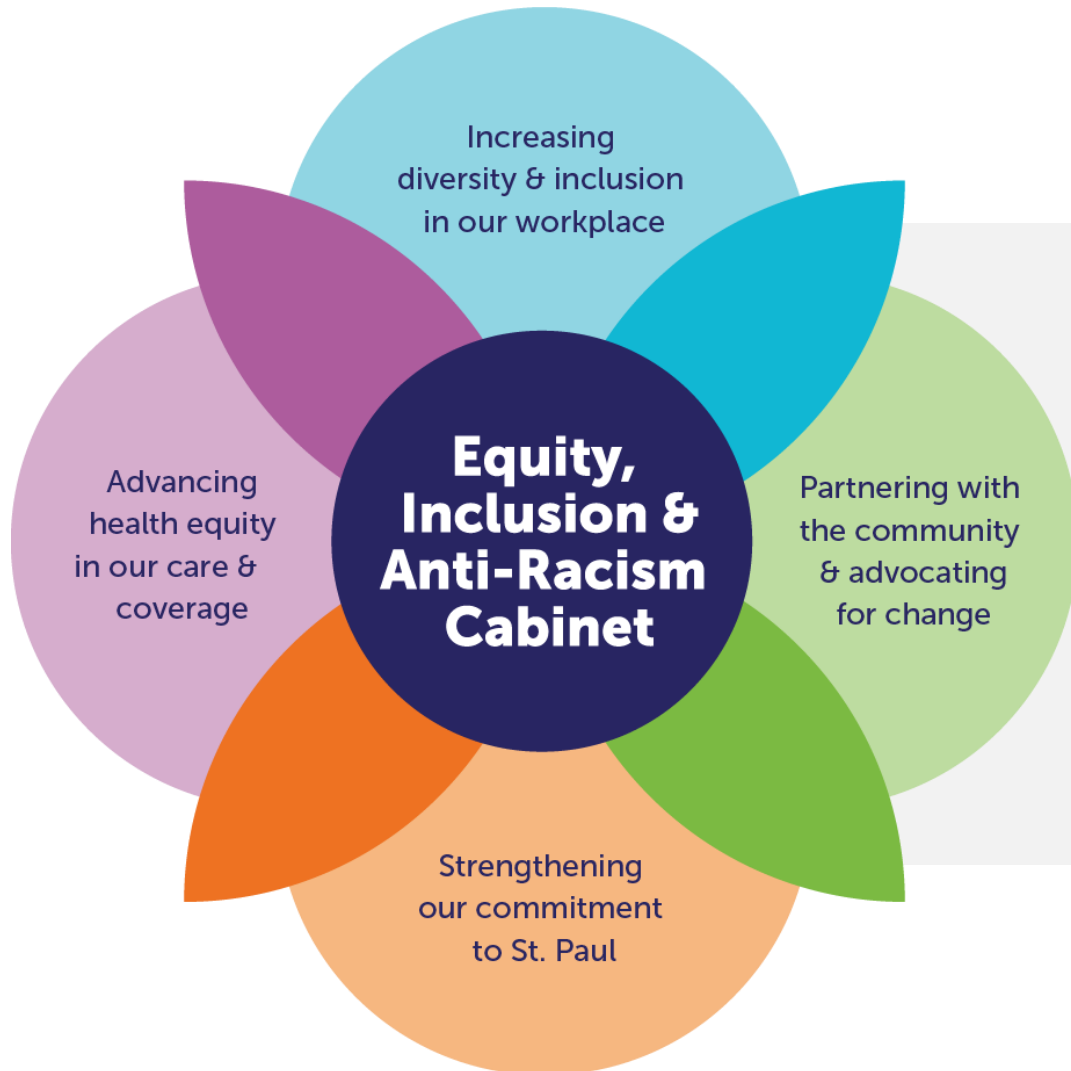
27,000 colleagues. One team.

Community engagement and partnerships

Pahoua Hoffman



How we partner within HealthPartners



- Increase the racial diversity of our leadership team by 100%.
- Build an anti-racist culture and deepen our collective understanding of cultural humility.
- Eliminate disparities in maternal and infant care.
- Eliminate disparities in childhood immunizations.
- Accelerate and expand our efforts to eliminate disparities in chronic conditions and preventive screenings.

Shaping our culture

Inform and engage our 27,000 colleagues across the organization and the communities we serve

- Stories and announcements on colleague intranet site, myPartner; Voices of Inclusion colleague profiles
- Content in org-wide and local briefs
- myPartner, HealthPartners.com content hubs
- All-Colleague Connect and other forums
- DEI terminology guide
- Social media posts
- Earned media
- Report to the Community (2023, 2025)
- *HealthPartners Off the Charts* podcast
- Community events and partnerships (e.g. Pride and Little Moments Count)

Results

- **156 myPartner stories**, including information about DEI initiatives, upcoming events, news about awards and more
- **100+ social media posts** across brand and CEO channels
- We just launched Season 6 of *Off the Charts*. There have been **52 episodes**. We've reached more than **16,000 unique listeners**.



myPartner brief
Information for all colleagues,
clinicians and hospital medical staff

Partner for good™

Celebrating heritage and health at Somali Independence Day

Minneapolis is home to one of the largest celebrations of Somali culture in the U.S., with over 10,000 people gathered to celebrate the traditions of the Somali community.



off the charts
Examining the health equity emergency

EVENTS

JUNE TEENTH
Freedom day

Greg Fedio (front row, left) and colleagues gathered with members of the Somali community at Midway and Minneapolis clinics recently hosted health fairs to highlight hypertension screenings within the community.

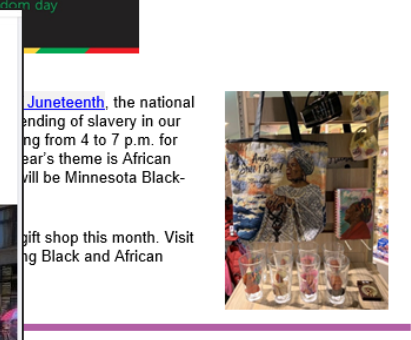



HealthPartners
July 1 · 🌐

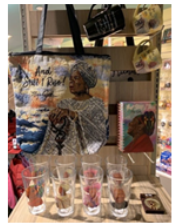
We were overjoyed to celebrate nearly three decades of participating in the Pride festival and parade this past weekend!

We offer compassionate, inclusive care to all our LGBTQ+ patients, members, community, and colleagues because everyone deserves access to quality health care without discrimination.

"Every June, my husband and I look forward to marching in the Pride parade with HealthPartners, and we have for nearly a decade," said Sokun, HIV medical social worker. "Parti... See more



Juneteenth, the national holiday commemorating the ending of slavery in our country, is being celebrated from 4 to 7 p.m. for our Juneteenth event. This year's theme is African American history. The gift shop this month. Visiting Black and African



How we partner with our community



Healthy children



Mental health



Nutrition & fitness



Health equity



Wellness & prevention



Research & education

Cornerstone: Partnering with the community

2024 update

Community health programs

- Teen Leadership Council — 30 diverse students
- PowerUp
 - Advocacy Award from MNSHAPE
 - PowerUp with Plants publication
- Make It OK
 - >700 trained
 - New website launch



Leveraging Community Health Partnerships and Initiatives to Equitably Improve Community Health

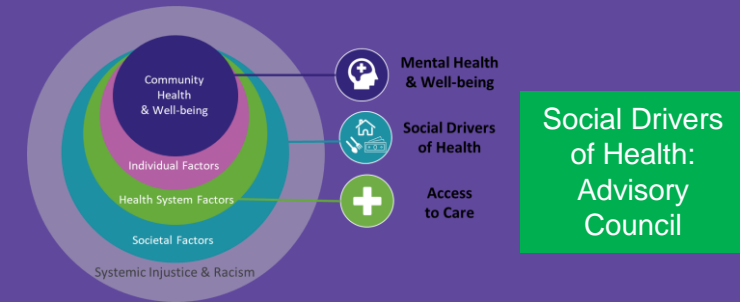


Cornerstone spotlights

Key community partnerships



Community Health Needs Assessment priorities



Community Health Programs



PowerUp and Make It OK 10-year community reports

Community and Colleague Engagement



Habitat Build

NAMI Walk

Little Moments Count

Regions-Ramsey County lease arrangement

John Clark



History, structure of lease arrangement

- Commitment to charity care and community investments
- Capital improvements made under the agreement
- Traditional county hospitals' funding model



State-of-the-art patient care

Rochelle Johnson and Dr. Bret Haake



Regions Hospital Family Birth Center

- Opened in 2020
- Nearly 3,000 births in 2024

Care services include:

- Preparing for birth
- Labor and delivery
- Postpartum care
- Classes and support



Recent achievement

- Minnesota Hospital Association 2024 Community Benefit Award for work on Black maternal health

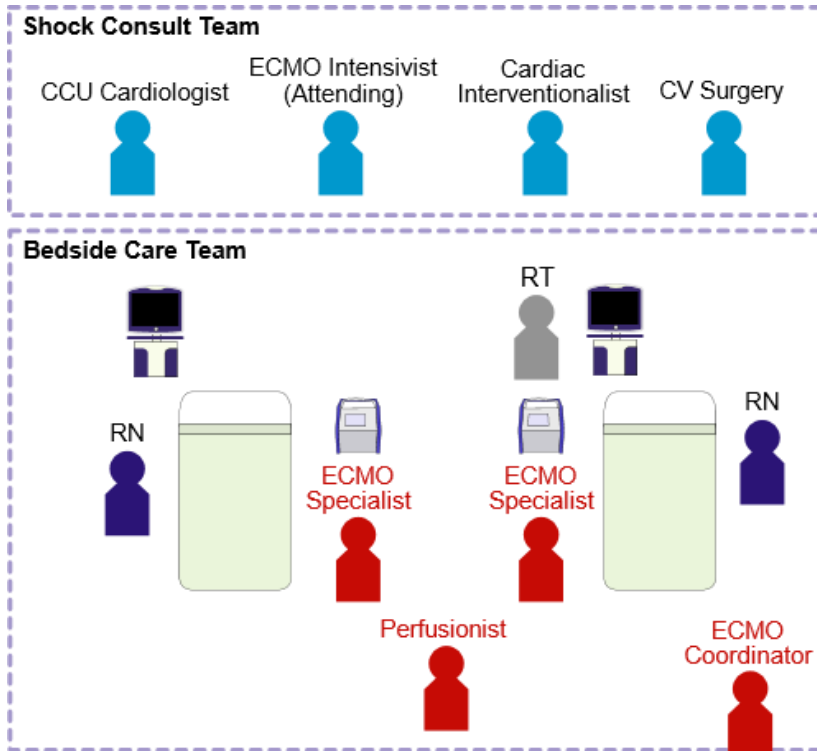


Service line highlights

- Inpatient mental health services
- 2021 expansion
- 120 Adult beds



Extracorporeal membrane oxygenation (ECMO)



Consulting Services:

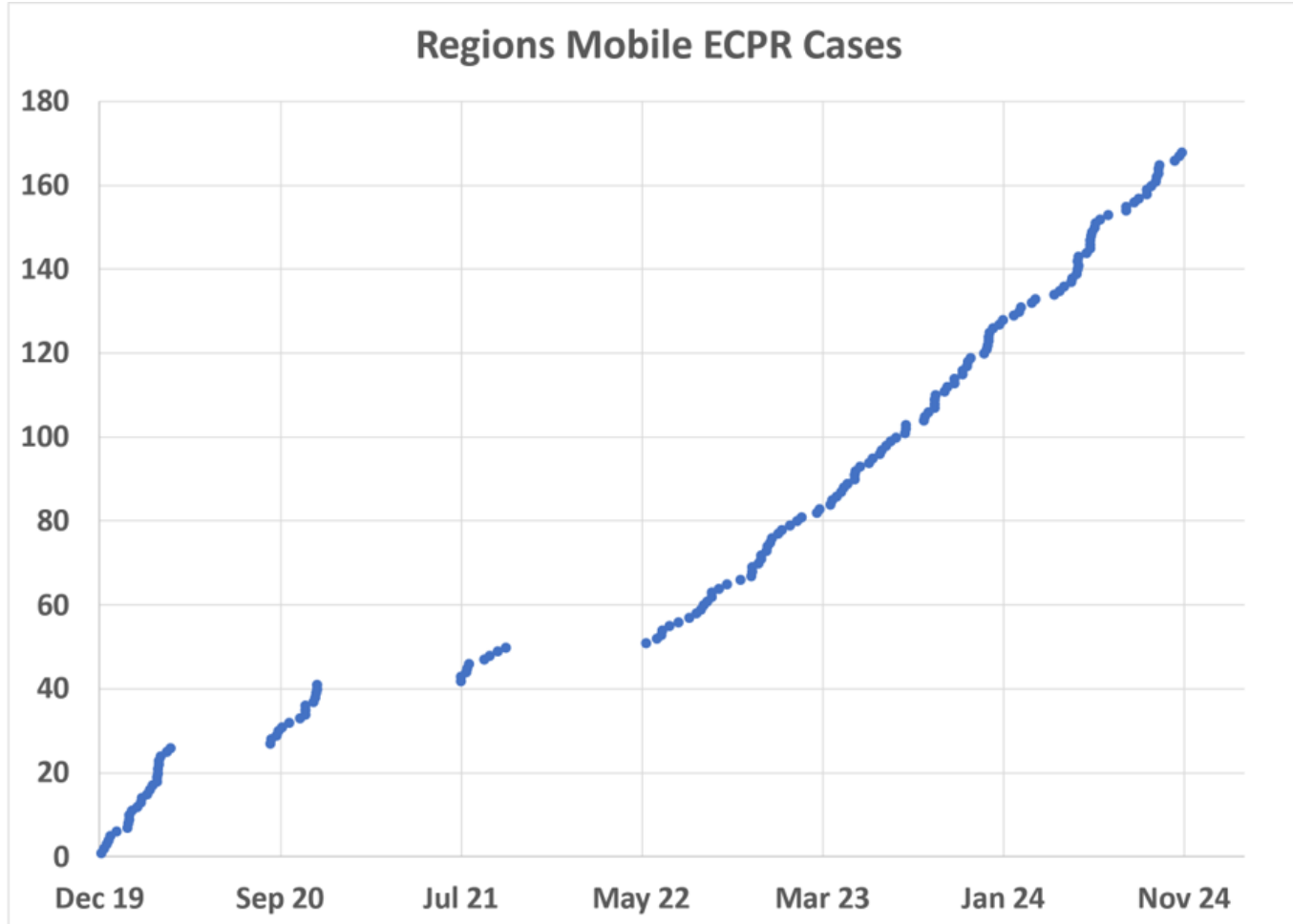
- Neurocritical Care
- Vascular Surgery
- Emergency General Surgery
- Palliative Care
- Nephrology
- Infectious Disease

Supporting Teams:

- Radiology
- Pharmacy
- Blood Bank
- Wound Care
- Respiratory Therapy
- Nutrition Services
- Laboratory
- Social Work
- Spiritual Care



ECMO activations in our emergency department



Heartwarming story, letter of gratitude

To the beautiful humans who saved my dad,
There are not enough thank yous in the world to share my gratitude for what you did. You made a miracle happen. During the scariest time in my family's lives, we felt better knowing you were all giving him the best care. You treated him with kindness and dignity, even under heavy sedation. You worked tirelessly and around the clock to make sure he was stable. The work you do not only for my dad but for every patient that comes into your care is extremely admirable, you're nothing short of angels sent from heaven. I'm getting married in five months, and a week ago I saw flashes of my big day without my biggest supporter. Because of you, my dad has the chance to walk me down the aisle, dance with me, and see my future unfold. I will never stop thanking God for you. From the bottom of my heart, thank you.

Value-based care

- **Goals:**
 - Deliver high-quality, affordable care
 - Great experience for patients and members
- HealthPartners' long history of commitment to best-quality care and coverage
- Simple and affordable



Challenges facing hospitals

John Clark, Dr. Bret Haake, Rochelle Johnson and Emily Blomberg



Challenges



- Reimbursement
- Obstacles to timely patient discharges
- Level 1 trauma center capacity
- Managing increasing patient volumes

Discussion | Q&A



Thank you for being a partner for goodSM

Excellence

Partnership

Integrity

Compassion

