

# Proclamation

WHEREAS, Saint Paul – Ramsey County Public Health and the Birth Equity Community Council promotes infant safe sleep within all families and are working to address racial disparities in infant and maternal mortality; and

WHEREAS, Sudden unexpected infant death (SUID) is a term used to describe the sudden and unexpected death of a baby less than one year old in which the cause is not obvious before investigation and autopsy; and

WHEREAS, Approximately 50 otherwise healthy Minnesota babies die of sleep-related unintentional injuries, while sleeping in unsafe conditions, annually; and

WHEREAS, Sudden unexpected infant death affect families across all races, ethnicities, socioeconomic backgrounds, national origins, and religious beliefs; and

WHEREAS, Parents, families, childcare providers, and hospitals can engage in safe sleep practices by practicing the ABC's of safe sleep which include (A)lone: infants should always sleep or nap alone, (B)ack: always put a baby on their back to sleep or nap, and (C)rib: babies should always sleep or nap in their own safety-approved crib or bassinet without blankets or pillows; and

WHEREAS, It is important to always remember to never put babies to sleep or nap with other people, pets, or stuffed animals because babies who share a sleep surface with other people or objects are at an increased risk of suffocating; and

WHEREAS, Practicing infant safe sleep is an important prevention strategy and any one death caused by sudden unexpected infant death is too many; and

WHEREAS, Accessing resources related to infant safe sleep may be found at the Minnesota Department of Health, Center for Disease Control and Prevention and Ramsey County Family Home Visiting websites; Now, Therefore, Be It

PROCLAIMED, The Ramsey County Board of Commissioners declares November 12 through November 18, 2023 as Infant Safe Sleep Week in Ramsey County; and Be It Further

PROCLAIMED, The Ramsey County Board of Commissioners renews its commitment that families have the information and support they need so their babies reach their first year of life and beyond and to make Ramsey County the best community in Minnesota for all families.


  
Trista Martinson, Board Chair, District 3

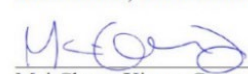
  
Mary Jo McGuire, Commissioner, District 2

  
Rafael Ortega, Commissioner, District 5

  
Victoria Reinhardt, Commissioner, District 7

  
Nicole Frethem, Commissioner, District 1

  
Rena Moran, Commissioner, District 4

  
Mai Chong Xiong, Commissioner, District 6

  
Ryan T. O'Connor, County Manager