



# Community Health Improvement Plan and Community Health Assessment

July 28, 2026 - PM Workshop

# Purpose

Share the **community health improvement process** findings and next steps.

*Fall – Winter 2025*  
Community Health  
Priorities

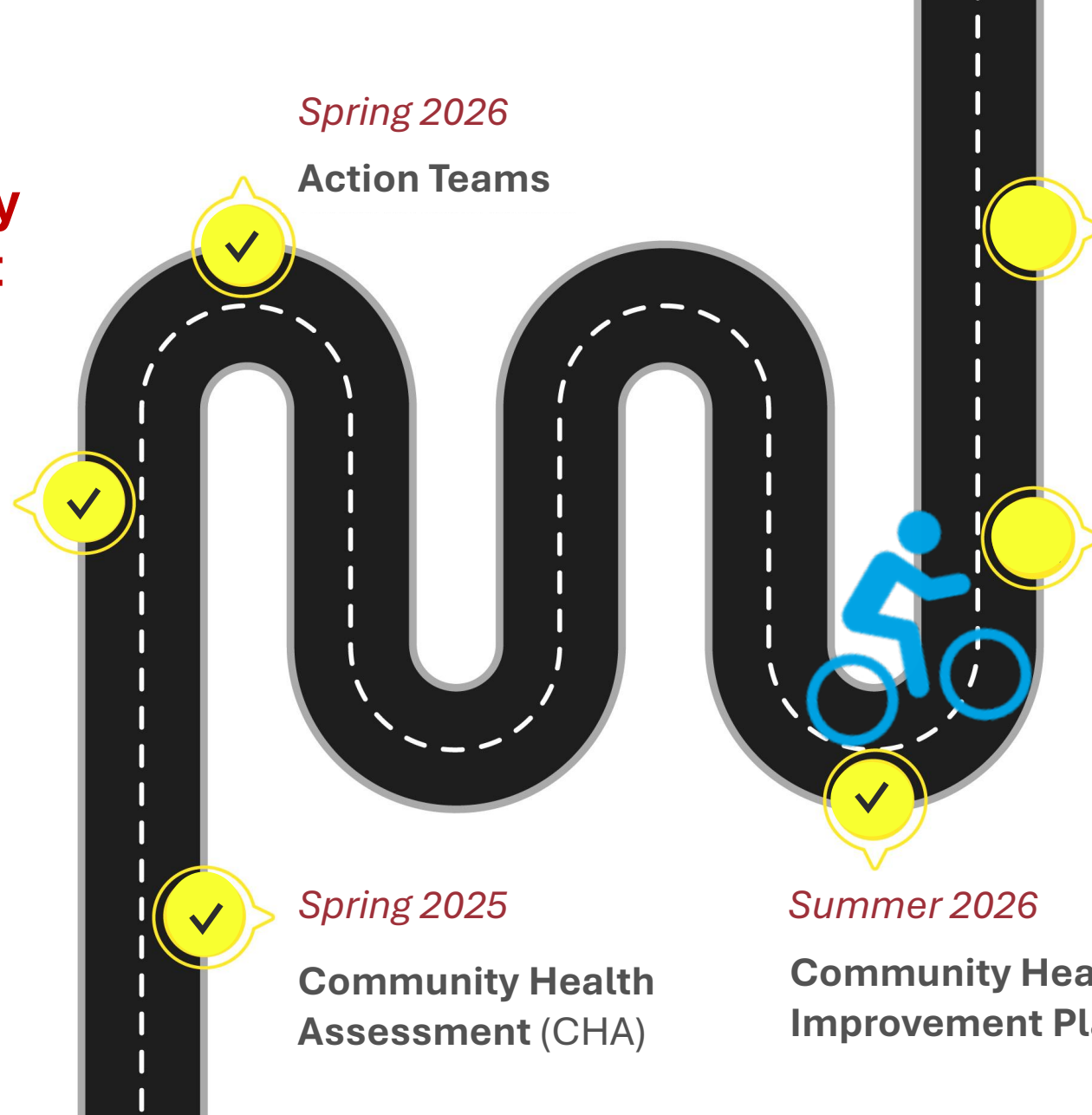
*Spring 2026*  
Action Teams

*2026 - 2031*  
Monitoring  
and Reporting

*2026 - 2031*  
Implementation

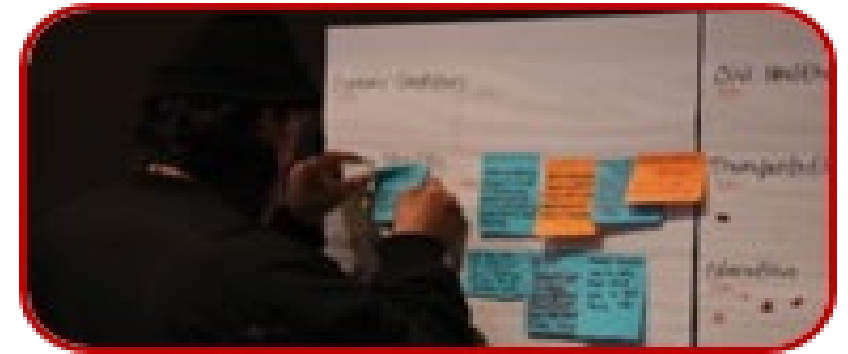
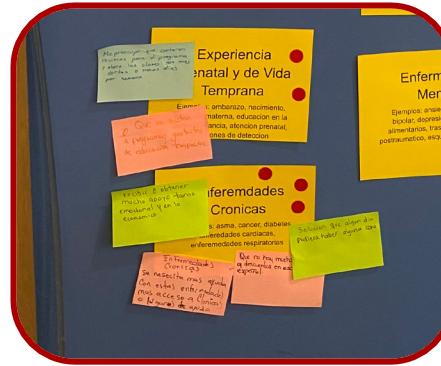
*Spring 2025*  
Community Health  
Assessment (CHA)

*Summer 2026*  
Community Health  
Improvement Plan (CHIP)



# Objectives:

- Provide an overview of Public Health's planning initiatives
- Outline the community health improvement process
- Summarize methods and findings from community engagement
- Share goals, objectives and strategies for addressing community health priorities



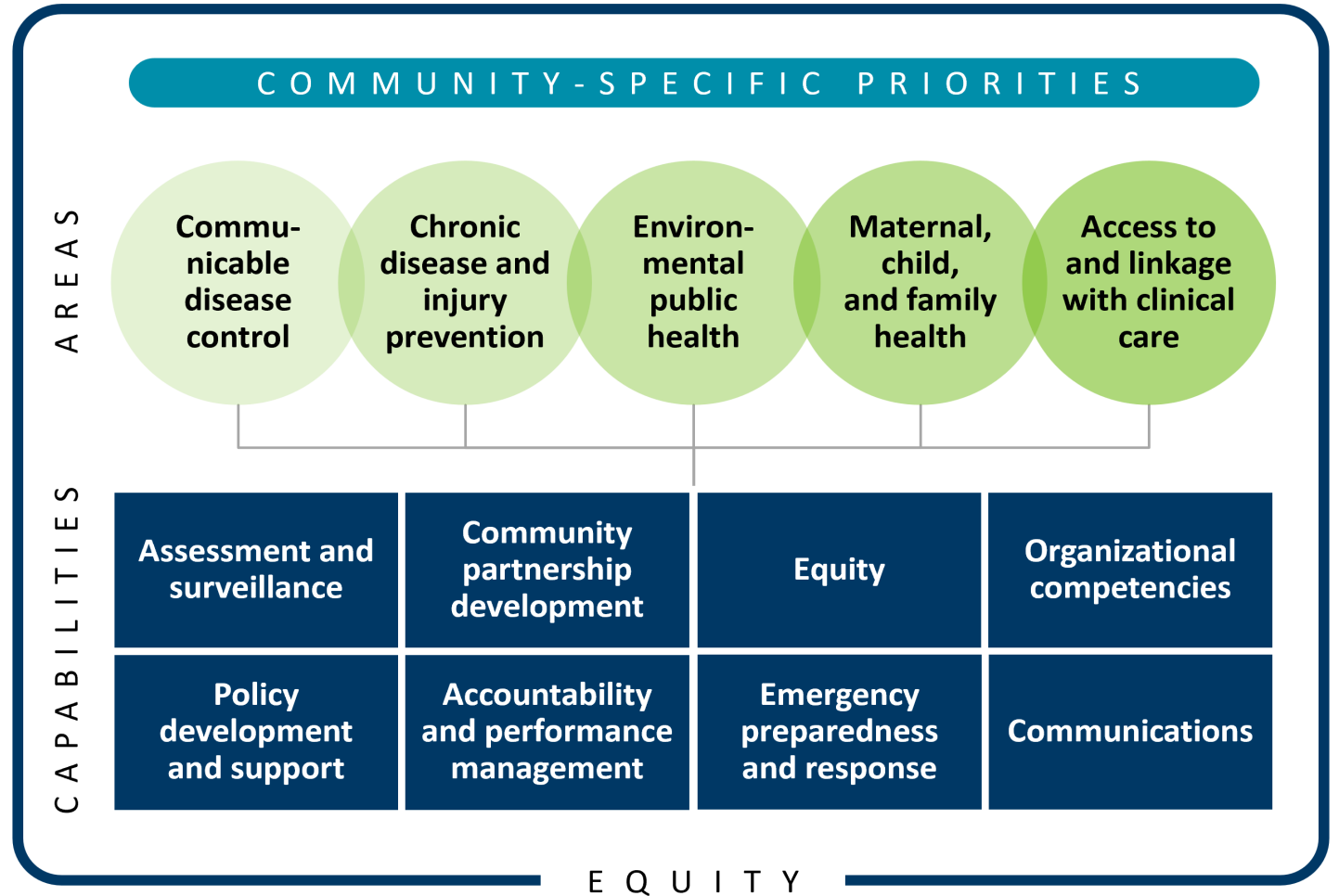
## Presenters

- **Nadir Abdi**, Deputy County Manager
- **Amy Caron**, Director of Public Health
- **Isabella Green**, Planning Specialist
- **Hiatia Gregory-Small**, Planning Manager

# Divisions



## Foundational Public Health Responsibilities



# Public Health Planning Flowchart



# The CHA: What is it?

- Study of local population health
- Identifies key health conditions and needs among residents
- Includes data and trend analysis from a variety of sources – both qualitative and quantitative



# The CHIP: What is it?

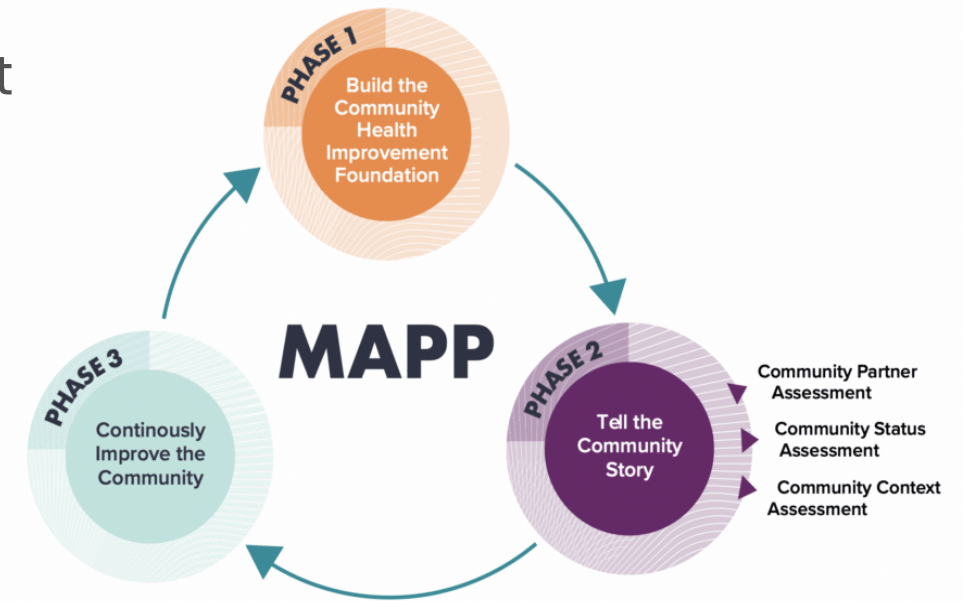
- A plan that indicates community priorities and the initiatives, projects, and policies that will be implemented to improve health
- Developed, implemented, and monitored collaboratively with community

**Timeframe:** What is the cycle of the plan?

- Every five years

**Framework:** What is the plan's structure?

- National MAPP 2.0 framework
- Meet accreditation and state statute requirements
- Alignment with internal department plans



## NACCHO MAPP 2.0

*Mobilizing for Action through  
Planning and Partnerships*

# Data Collection Methods



**September – October 2025:** Public Health collected input from community about the health topics most important to them.



## Survey

656 respondents, and in-person surveying at 10 locations.



## Community Conversations

341 attendees across the community conversations.

- Rondo Library
- Face to Face at SafeZone
- Raices Latinas
- Haven International
- Osceola Senior Place
- Oromo Community of Minnesota
- The Sanneh Foundation at the Elder's Lodge
- 825 Arts
- Cultural Wellness Center

## Population Groups:

- Seniors (65+)
- Youth (under 18)
- Latino/a families
- Black/African Americans
- North African immigrants
- Hmong individuals
- Indigenous elders
- Housing unstable individuals

# Community Health Priorities

**What health topics are most concerning to community?**

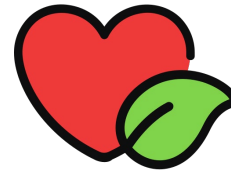


**Mental Health, Well-being & Belonging**

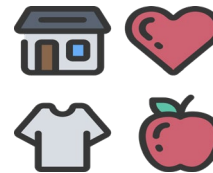


**Access to Healthcare**

***Collaborate with partners and community to develop strategies that address needs.***



**Healthy Living & Chronic Illness**

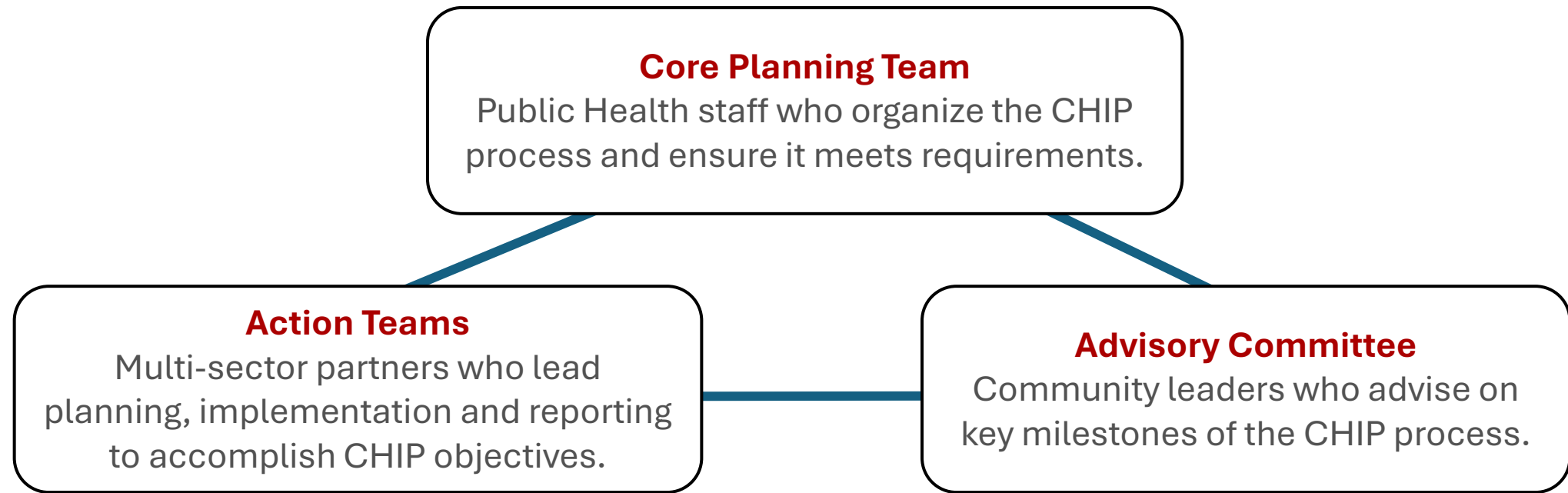


**Basic Needs**

(Housing stability, economic conditions, and food access)

***Uplift community concerns and provide recommendations to established initiatives.***

# Community Health Improvement Teams



**The CHIP is the community's plan for public health, not public health's plan for the community.**

*MDH Community Health Assessment and Planning Cycle: Handbook for Local public Health*

# Action Team Organizations

## *Access to Healthcare*

- Hospitals
- Health clinics/centers
- Non-profits/CBOs

## *Public Health programs*

WIC, Family Health  
and Healthy Communities

## *Mental Health & Wellbeing*

- County agencies
- Mental health providers
- Collaboratives
- Non-profits/CBOs



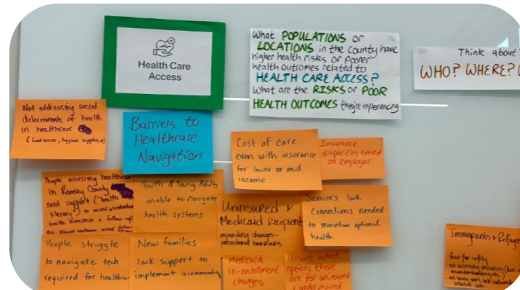
# Action Team Meetings

**March 2026**



**Session #1**  
Data Walk

**April 2026**



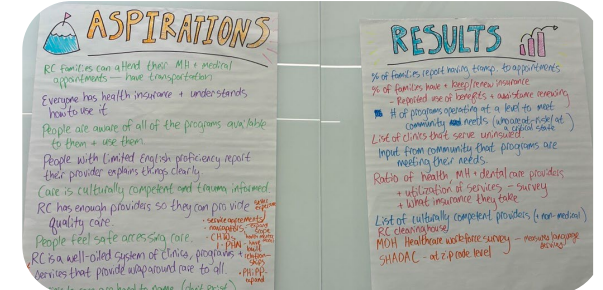
**Session #2**  
Consensus  
Building

**May 2026**



**Session #3**  
Strengths &  
Opportunities

**June 2026**



**Session #4**  
Aspirations &  
Results

## Goals, objectives and strategies



# Mental Health, Well-being and Belonging

## GOAL #1

**Promote evidence-based mental well-being approaches that nourish mental health and reduce risks for mental health challenges.**

## OBJECTIVES

By June 2031:

- 1.1: Cultural partners will collaborate to promote cultural approaches for well-being and community-initiated care.
- 1.2: Partners across sectors will create and foster community belonging.
- 1.3: Partners across sectors will coordinate efforts to increase positive identity in youth.

# Mental Health, Well-being and Belonging

## **GOAL #2**

**Increase access to high quality, culturally affirming mental health services.**

## **OBJECTIVES**

By June 2031:

2.1: Cultural partners will collaborate to inform and promote culturally responsive mental health services.

2.2: Partners across sectors will coordinate and amplify efforts to support communities most impacted by anxiety, depression, and suicidality.

## ***Solutions from community:***

**Social  
connectedness**

Community spaces that foster  
belonging and community  
empowerment

**Increased outreach  
and promotion of  
mental health care  
options**

Collaborative of multi-sector  
mental health and well-  
being organizations

**Culturally  
based and compass  
ionate services**

Directory of culturally  
appropriate resources  
and services

## ***Recommended strategies from partners and subject matter experts:***

Opportunities for youth to  
experience belonging and  
positive identity

Engage cultural  
communities to understand  
their approaches to well-  
being and mental health

Promote cultural models of  
mental health and community-  
based mental health care

# Access to Healthcare

## **GOAL #1**

**Expand service delivery and system navigation to improve connections to care.**

## **OBJECTIVES**

By June 2031:

1.1: Partners across sectors will collaborate to understand and reduce barriers to accessing healthcare for communities most impacted.

1.2: Healthcare partners will promote culturally appropriate care, support, and services.

1.3: Partners across sectors will increase transportation accessibility to healthcare services.

## ***Solutions from community:***

**Awareness of available resources**

Directory of healthcare resources and services

Expand the scope of navigators to better serve and direct community to health services

**Sustain and expand healthcare coverage options**

Conduct a healthcare assessment

Engage community to understand healthcare needs

Support healthcare workforce

**Strong leadership**

Collaborative of cross-sector healthcare providers and organizations

**Place-based health services**

Expand and promote community-based healthcare services

## ***Recommended strategies from partners and subject matter experts:***

# Putting this Plan into Action

**Collaborative** of organization and community leaders interested in learning from one another and coordinating knowledge and resources to advance community health solutions.

Kick off:  
August 17th  
(hybrid)



**RSVP Here**



**Monitoring and reporting** of progress on CHIP objectives, current needs, and shifting health priorities.

**Ongoing engagement** with community members and partners.

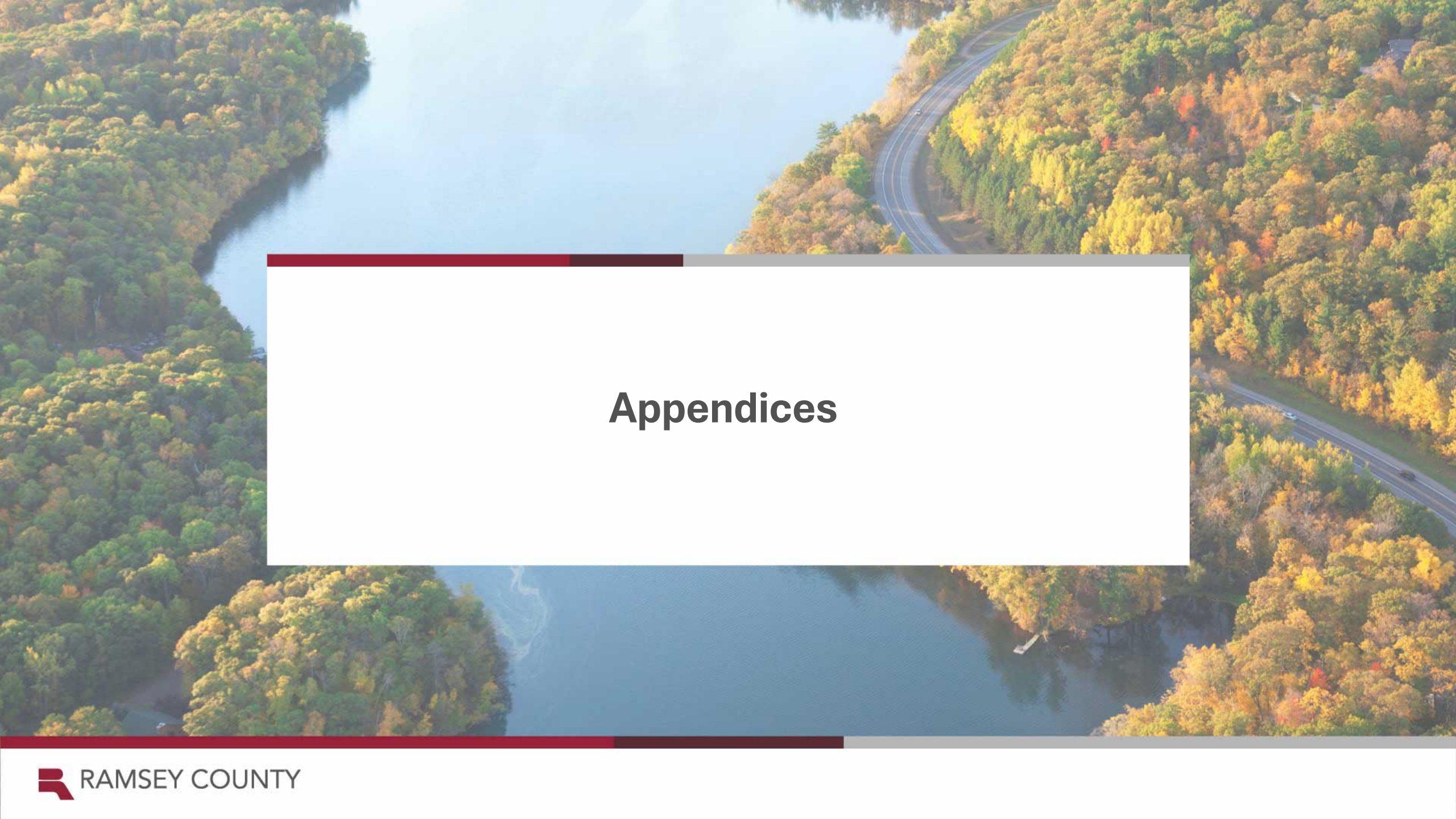
## Key Takeaways

- ✓ Public Health is coordinating a health improvement process to develop and implement strategies for community health priorities
- ✓ The CHA is data book available for understanding public health needs in Ramsey County
- ✓ Partners, subject matter experts, and people with lived experience are invited to join a collaborative for improving community health



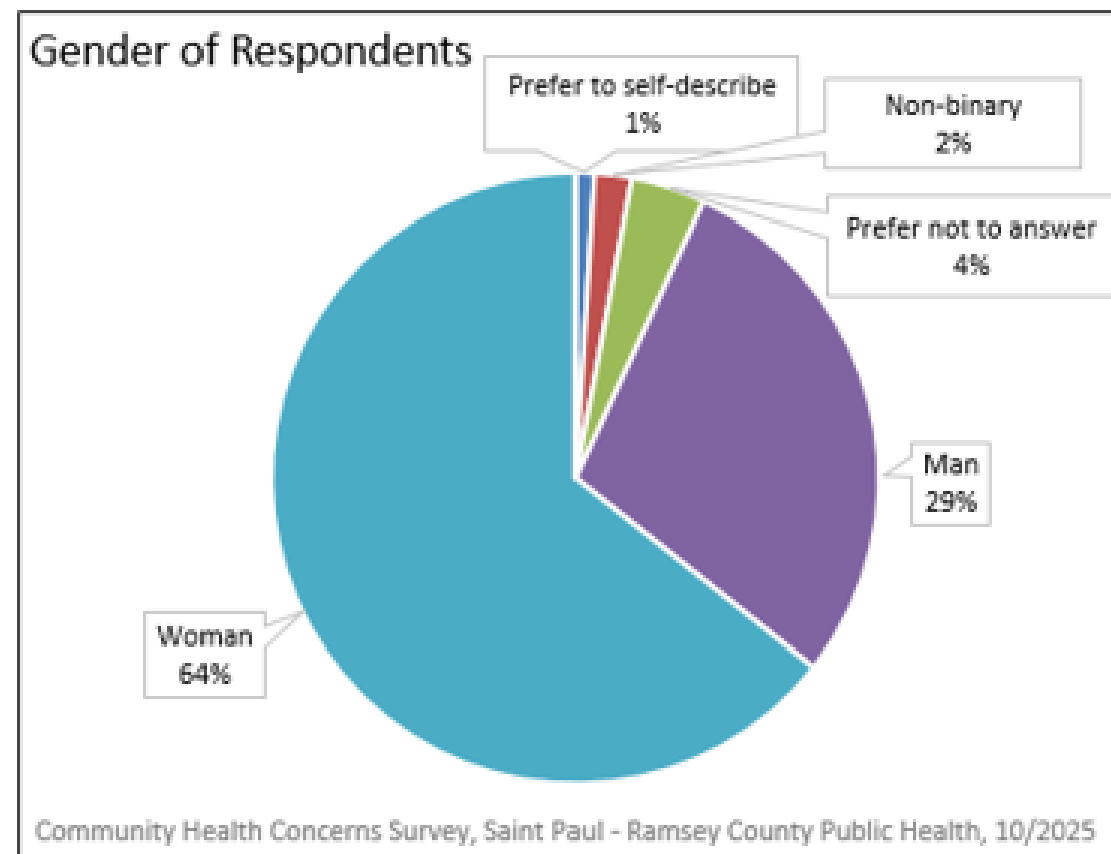
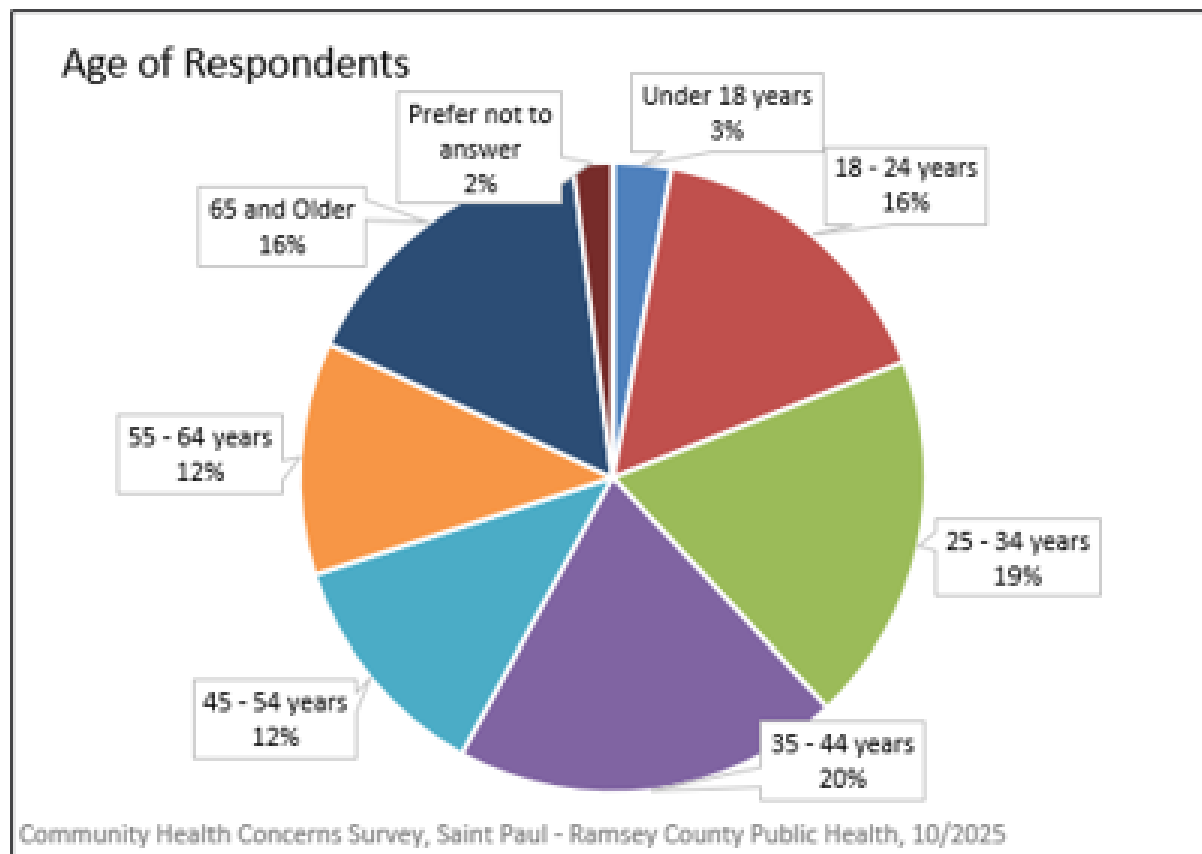
### How to Use the CHA and CHIP

- Understand community health trends and priorities
- Support community health planning, action and funding
- Promote accountability in Ramsey County

An aerial photograph of a serene landscape. A calm lake occupies the upper and lower portions of the frame. The shoreline is lined with a dense forest of trees displaying vibrant autumn foliage in shades of yellow, orange, and green. A paved road with a white center line curves along the right side of the lake. A small wooden dock is visible on the lower right shore. A large white rectangular box is superimposed over the center of the image, containing the word 'Appendices' in a bold, black, sans-serif font. The box has a thin dark red border at the top and bottom.

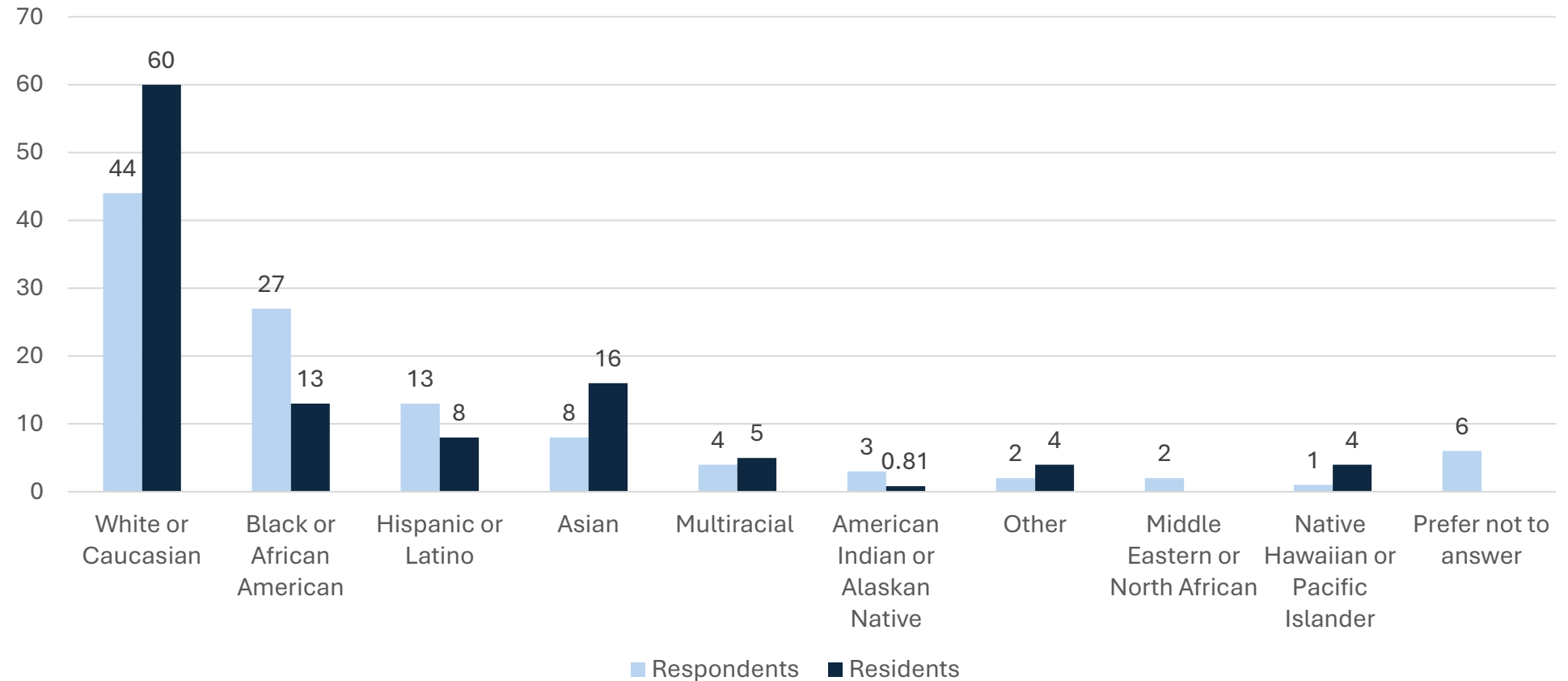
# Appendices

# Survey Respondent Age & Gender



# Survey Respondent Race & Ethnicity

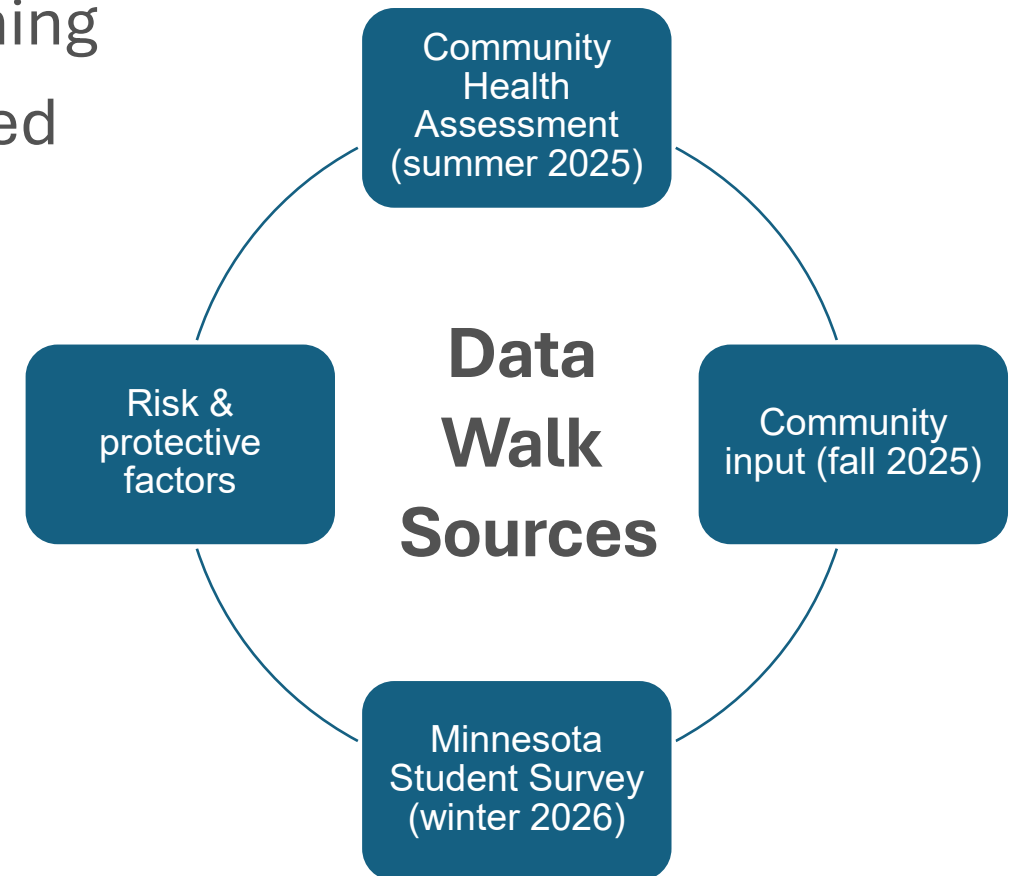
**Race/Ethnicity of Ramsey County Residents in 2020 Census  
Compared to Survey Respondents**



# March Action Team Meeting: Data Walk

**Spend some time looking at the data posters, then discuss:**

- Data points that are surprising or alarming
- Questions or further clarification needed
- Connections to work you do

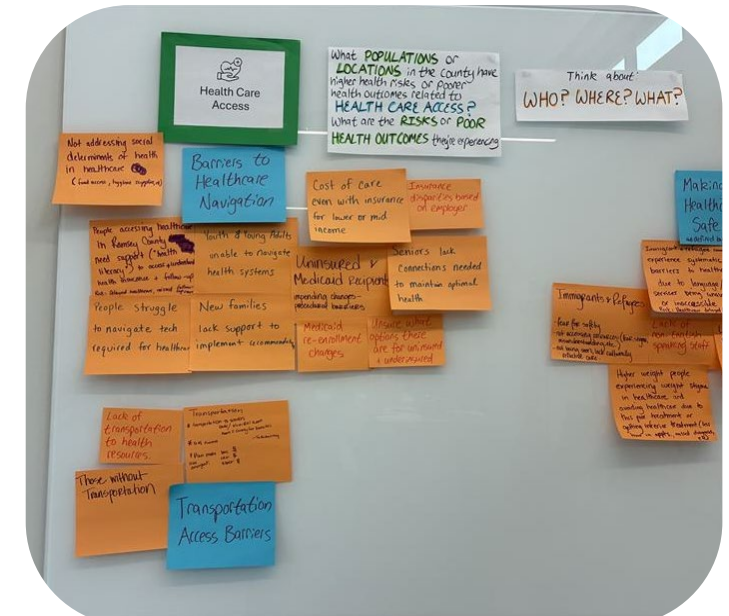


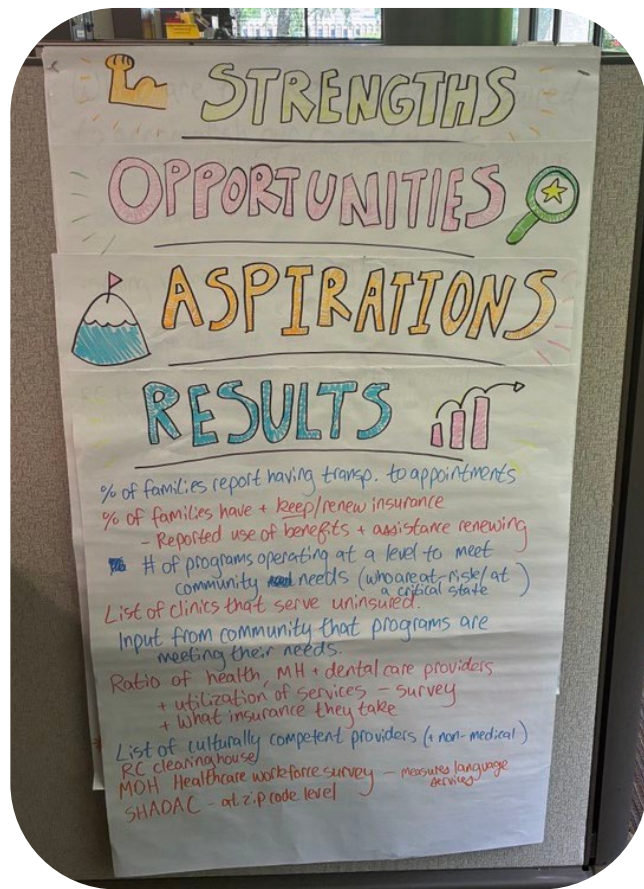
# April Action Team Meeting: Consensus Building

## Brainstorm and cluster ideas that answer these prompts:

- What populations or locations in our community have higher health risks or poorer health outcomes?
- What are the risks or poor health outcomes they're experiencing?

For **Mental Health, Well-being & Belonging** and **Access to Care**





# May & June Meeting: SOAR Analysis

## Strengths, Opportunities, Aspirations & Results

### Group Aspirations:

- County healthcare is a well-oiled system of clinics, programs and services providing wraparound care to all
- Individuals and families understand and use the services that are available to them
- Pathways to care are reliable and clear, including to traditional and cultural wellness services
- Care is culturally competent and trauma informed
- Staff are cared for, educated, and able to meet goals