

# Proclamation

WHEREAS, One in five adults will experience mental illness and one in six youth experience a mental health disorder; and

WHEREAS, Mental health impacts a person's emotional, social, environmental, financial and overall well-being, with significant disparities among racially and ethnically diverse communities; and

WHEREAS, The Ramsey County Board of Commissioners reaffirms its commitment to improving the conditions that influence quality of life and health outcomes of Ramsey County residents by partnering with traditional systems and taking strategic approaches to improve the health, well-being and wellness of residents through cultural pathways; and

WHEREAS, The Ramsey County Board of Commissioners commits to working alongside community partners to reduce service gaps and provide culturally appropriate and responsive mental health services that incorporate norms and values that are meaningful for support, healing and recovery to all residents regardless of their background, income or abilities; and

WHEREAS, Everyone shares responsibility for the strength and overall well-being of Ramsey County residents acknowledges that mental health is important at every stage of life, from childhood and adolescence through adulthood; and

WHEREAS, Ramsey County commits to advocating for funding and support of mental health services at the state and federal level through partnerships and advocacy on behalf of communities which are essential to addressing mental health; Now, Therefore, Be It

PROCLAIMED, The Ramsey County Board of Commissioners declares May 2023 as Mental Health Awareness Month in Ramsey County; and Be It Further

PROCLAIMED, The Ramsey County Board of Commissioners continues its commitment to partner with community members to ensure that all mental health services are accessible, valuable and culturally appropriate for all residents.

Trista MatasCastillo, Board Chair, District 3

Nicole Frethem, Commissioner, District 1

Mary Jo McGuire, Commissioner, District 2

Rena Moran, Commissioner, District 4

Rafael Ortega, Commissioner, District 5

Mai Chong Xiong, Commissioner, District 6

Victoria Reinhardt, Commissioner, District 7

Ryan T. O'Connor, County Manager