



Board Workshop / Discussion Agenda

15 West Kellogg Blvd.
Saint Paul, MN 55102
651-266-9200

January 14, 2025 - 1:30 p.m.

Courthouse Room 220

WORKSHOP

1. Regions Hospital

[2025-007](#)

Sponsors: Board of Commissioners



Board Workshop / Discussion

Request for Board Action

15 West Kellogg Blvd.
Saint Paul, MN 55102
651-266-9200

Item Number: 2025-007

Meeting Date: 1/14/2025

Sponsor: Board of Commissioners

Title
Regions Hospital

Attachment
1. Presentation

Hello!



Regions Hospital

Ramsey County Board workshop

Jan. 14, 2025



Welcome and introductions

Pahoua Hoffman



Today's participants



Emily Blomberg
President



Dr. Bret Haake
Vice president of
medical affairs and
chief medical officer



Rochelle Johnson
Vice president of
patient care services
and chief nursing
officer



John Clark
Vice president of
finance



Pahoua Hoffman
HealthPartners
senior vice president
of government and
community relations

Goals

- Learn about the hospital and its relationships with the county
- Challenges and opportunities
- Partnership highlights and areas for improvement
- Discuss and explore collaborative solutions

Agenda

- Regions Hospital overview
- Community engagement and partnerships
- Regions-Ramsey County lease arrangement
- State-of-the-art patient care
- Challenges facing hospitals

Discussion | Q&A at the end

Hospital overview

Emily Blomberg



This is Regions

- **Mission:** To improve health and well-being in partnership with our patients and community
- **Vision:** Health as it could be, affordability as it must be, through relationship built on trust
- **Values:** Excellence, Compassion, Partnership, Integrity

Providing hope and healing through exceptional hospital care

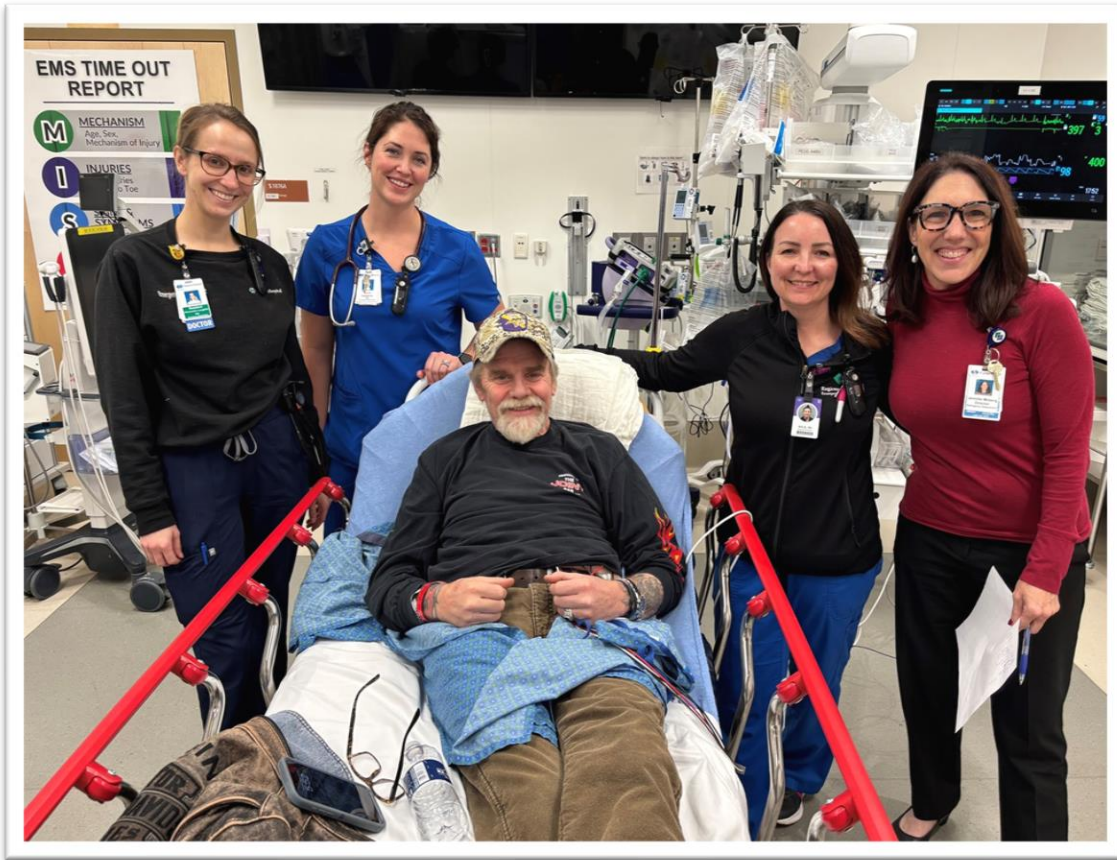
Regions by the numbers*

- **546** available beds
- **29,035** admissions
- **168,675** patient days
- **96,603** ED visits
- **2,832** births



**2023 numbers; 100,986 ED visits and 2,998 births in 2024*

This is Regions



- Emergency department team treated more than 100,000 patients in single year for the first time in 2024.
- Reaching that milestone is possible because of their 24/7 dedication to caring for patients and community as the only Level I trauma center for adults and children in the east metro.
- Dan Sokolowski, a retired Ramsey County sheriff's deputy, SWAT negotiator and two-time cancer and heart attack survivor, was patient No. 100,000 in late December.
- He was in town visiting family, including his newest grandchild.
- Thank you to the team for their care and congratulations on reaching 100,000.

Dan worked 16 years in the ED as an off-duty Ramsey County sheriff's deputy.

Achievements and awards



HealthPartners: Integrated care and coverage

Health plan

1.8 million medical and dental plan members

Care system

More than **1.3 million** medical and dental patients

Research & education

HealthPartners Institute conducts **hundreds** of research studies **each year** and shares its findings worldwide. It also provides education, training and support for medical students and clinicians.



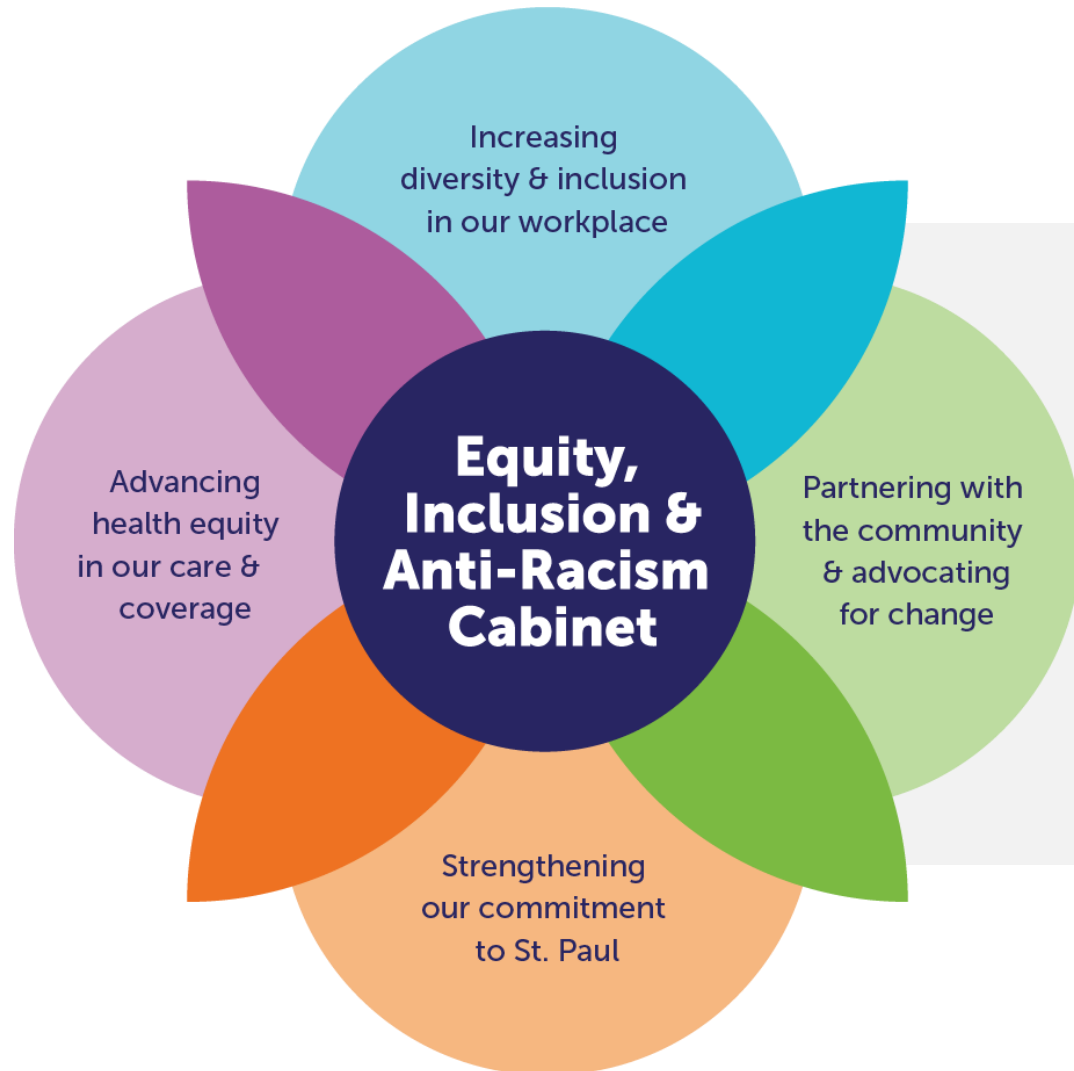
27,000 colleagues. One team.

Community engagement and partnerships

Pahoua Hoffman



How we partner within HealthPartners



- Increase the racial diversity of our leadership team by 100%.
- Build an anti-racist culture and deepen our collective understanding of cultural humility.
- Eliminate disparities in maternal and infant care.
- Eliminate disparities in childhood immunizations.
- Accelerate and expand our efforts to eliminate disparities in chronic conditions and preventive screenings.

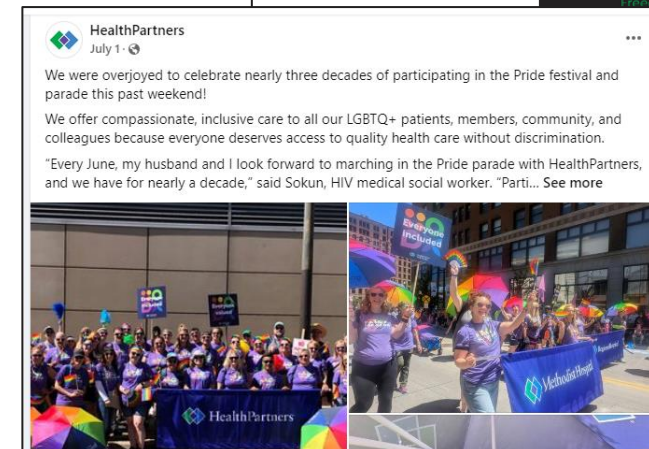
Shaping our culture

Inform and engage our 27,000 colleagues across the organization and the communities we serve

- Stories and announcements on colleague intranet site, myPartner; Voices of Inclusion colleague profiles
- Content in org-wide and local briefs
- myPartner, HealthPartners.com content hubs
- All-Colleague Connect and other forums
- DEI terminology guide
- Social media posts
- Earned media
- Report to the Community (2023, 2025)
- *HealthPartners Off the Charts* podcast
- Community events and partnerships (e.g. Pride and Little Moments Count)

Results

- **156 myPartner stories**, including information about DEI initiatives, upcoming events, news about awards and more
- **100+ social media posts** across brand and CEO channels
- We just launched Season 6 of *Off the Charts*. There have been **52 episodes**. We've reached more than **16,000 unique listeners**.



How we partner with our community



Healthy children



Mental health



Nutrition & fitness



Health equity



Wellness & prevention



Research & education

Cornerstone: Partnering with the community

2024 update

Community health programs

- Teen Leadership Council — 30 diverse students
- PowerUp
 - Advocacy Award from MNSHAPE
 - PowerUp with Plants publication
- Make It OK
 - >700 trained
 - New website launch



Leveraging Community Health Partnerships and Initiatives to Equitably Improve Community Health

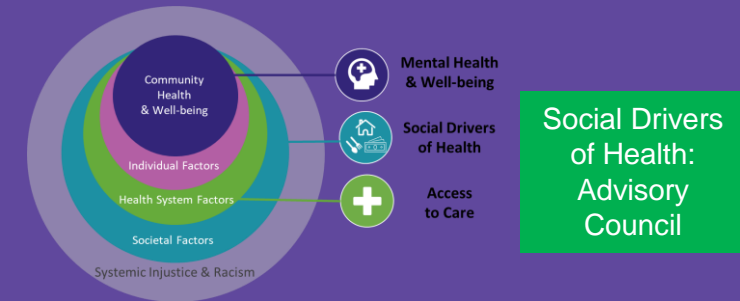


Cornerstone spotlights

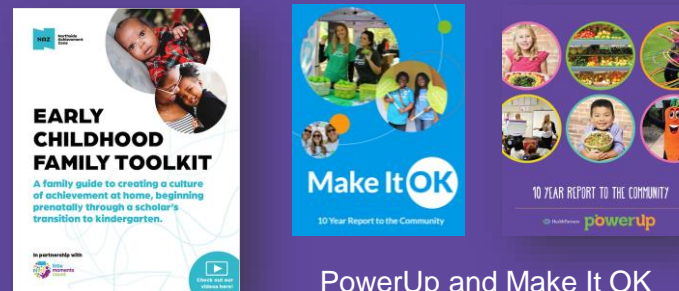
Key community partnerships



Community Health Needs Assessment priorities

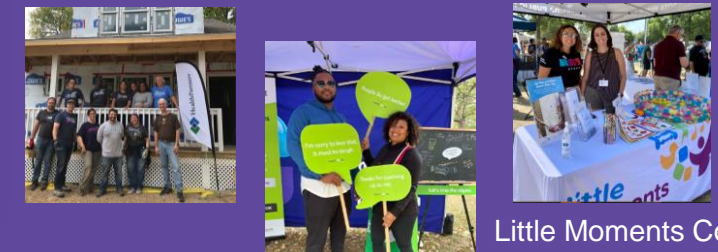


Community Health Programs



PowerUp and Make It OK
10-year community reports

Community and Colleague Engagement



Habitat Build

NAMI Walk

Little Moments Count

Regions-Ramsey County lease arrangement

John Clark



History, structure of lease arrangement

- Commitment to charity care and community investments
- Capital improvements made under the agreement
- Traditional county hospitals' funding model



State-of-the-art patient care

Rochelle Johnson and Dr. Bret Haake



Regions Hospital Family Birth Center

- Opened in 2020
- Nearly 3,000 births in 2024

Care services include:

- Preparing for birth
- Labor and delivery
- Postpartum care
- Classes and support



Recent achievement

- Minnesota Hospital Association 2024 Community Benefit Award for work on Black maternal health

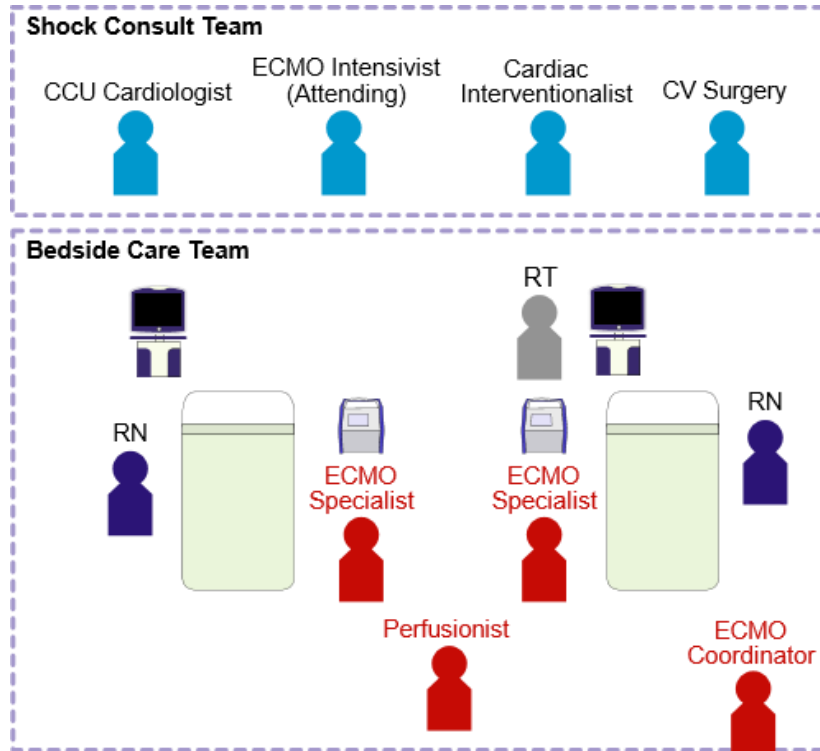


Service line highlights

- Inpatient mental health services
- 2021 expansion
- 120 Adult beds



Extracorporeal membrane oxygenation (ECMO)



Consulting Services:

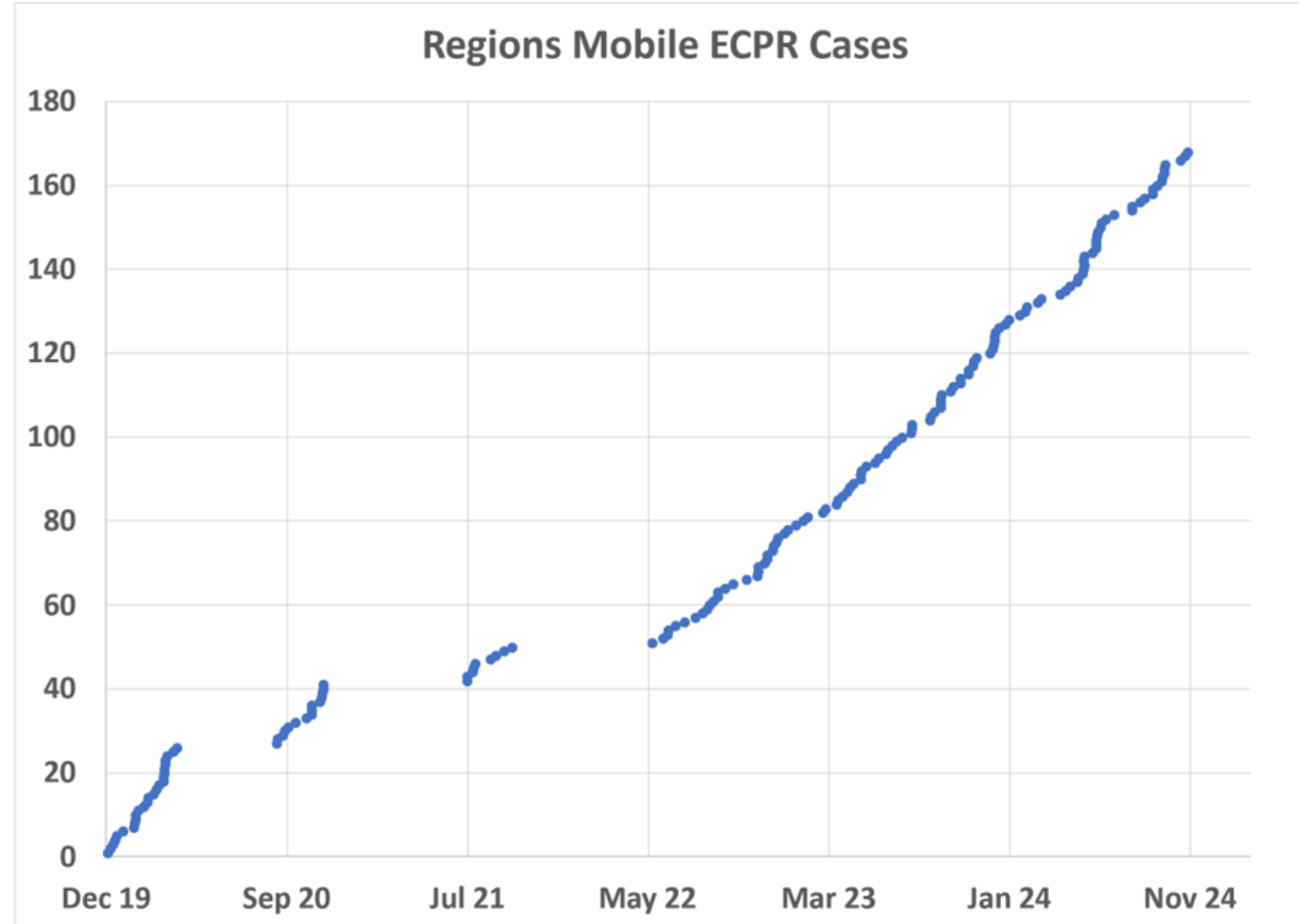
Neurocritical Care
Vascular Surgery
Emergency General Surgery
Palliative Care
Nephrology
Infectious Disease

Supporting Teams:

Radiology
Pharmacy
Blood Bank
Wound Care
Respiratory Therapy
Nutrition Services
Laboratory
Social Work
Spiritual Care



ECMO activations in our emergency department



Heartwarming story, letter of gratitude

To the beautiful humans who saved my dad,
There are not enough thank yous in the world to share my gratitude for what you did. You made a miracle happen. During the scariest time in my family's lives, we felt better knowing you were all giving him the best care. You treated him with kindness and dignity, even under heavy sedation. You worked tirelessly and around the clock to make sure he was stable. The work you do not only for my dad but for every patient that comes into your care is extremely admirable. You're nothing short of angels sent from heaven. I'm getting married in
A heartfelt thank you for all that you've done.
Five months, and a week ago I saw flashes of my big day without my biggest supporter. Because of you, my dad has the chance to walk me down the aisle, dance with me, and see my future unfold. I will never stop thanking God for you.
From the bottom of my heart, thank you

Value-based care

- **Goals:**
 - Deliver high-quality, affordable care
 - Great experience for patients and members
- HealthPartners' long history of commitment to best-quality care and coverage
- Simple and affordable



Challenges facing hospitals

John Clark, Dr. Bret Haake, Rochelle Johnson and Emily Blomberg



Challenges



- Reimbursement
- Obstacles to timely patient discharges
- Level 1 trauma center capacity
- Managing increasing patient volumes

Discussion | Q&A



Thank you for being a partner for goodSM

Excellence

Partnership

Integrity

Compassion

